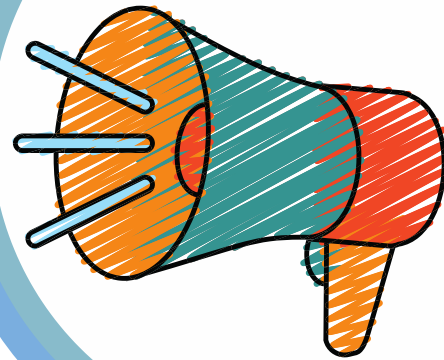


E3 TORONTO APRIL 2025

NEWSLETTER



RICHMOND HILL CLASSES HAVE BEGUN!

Hello e3 Family,

We're thrilled to welcome students back for **in-person classes in Richmond Hill!** Our Level 1 students are just beginning their journeys, learning the basics of public speaking: posture, voice projection, and structuring short speeches. Meanwhile, our **Level 3 teen group** is diving into the art of **persuasive speaking**, discovering how to express strong opinions and use emotional and logical appeal. It's amazing to see these **future leaders in action!**

UPCOMING ONLINE CLASSES

We're excited to announce two upcoming online classes:

- **Engaging Youth Video Speakers Level 1** – Starting **May 12th**. Perfect for ages 14–17 looking to build confidence and communication skills in a virtual setting.
- **Elevate Your Presence: Public Speaking Essentials for Professionals** – Starting **May 26th**. This class is designed for adults who want to refine their speaking skills for presentations, meetings, and professional growth.

Spots are limited—stay tuned for **registration details!**

IN-PERSON VS. ONLINE: BOTH GREAT OPTIONS!

At e3 Public Speaking, we're proud to offer both **in-person and online classes**, each with unique strengths to suit different learners.

In-person classes offer hands-on energy, group dynamics, and physical space for movement and stage presence. But don't underestimate the power of our **online programs**—they're interactive, engaging, and just as effective!

Our **online classes** are kept **small** to ensure every student gets personal attention and plenty of time to speak. We use a mix of **varied lessons, creative activities**, and live feedback to build confidence and skill in a virtual environment. For many families, the flexibility and comfort of learning from home is a huge bonus!

Whether you join us in the classroom or online, you'll experience the same quality programming designed to help you find your voice and shine.

● E3 TORONTO APRIL 2025

NEWSLETTER



SPRING RIDDLE CORNER

At e3, we love sprinkling in fun moments that make us think. **Riddles are one of our favourite warm-up tools**—used in classes to spark creativity, inspire quick thinking, and bring a smile to our students' faces.

Riddle: I appear after showers, bright and bold, In every colour I unfold. You won't find gold at my end, it's true, But I'll always put a smile on you.

Can you guess what it is? (Check the bottom of the newsletter for the answer!)

COMMUNITY SPOTLIGHT URBAN SQUASH TORONTO

We're proud to continue our partnership with Urban Squash Toronto, where youth from the Jane and Finch community are developing their public speaking skills with confidence. Through weekly workshops, students are gaining valuable experience in impromptu speaking, building their communication muscles for future job interviews, presentations, and real-world conversations. It's inspiring to watch them speak up—and speak out—with growing self-assurance.

Thank you for being a part of the e3 community. Whether you're just starting out or helping others find their voice, we're here to support your journey.

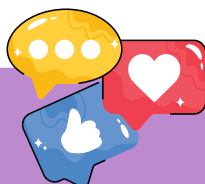
Keep speaking, keep growing.

e3toronto.com

Facebook: E3 Public Speaking and Leadership

Instagram: @e3_public_speaking

LinkedIn: e3 Public Speaking



GRAMMAR CORNER: PRONUNCIATION TIPS

Struggling with pronunciation? Try this:

- **Break words into syllables** (e.g., "im-prove-ment")
- **Record and listen** to yourself to hear which sounds need work
- Practice with **tongue twisters** like "She sells sea shells" to warm up your mouth muscles
Remember: **clarity is confidence**—the clearer your words, the more powerful your message.

FOR BUSINESS & ADULT LEARNERS: THE POWER OF 3

Want to make your message more memorable? Use the **Power of 3**:

- Think in **three key points** when crafting your speech
- Example: "We must act **quickly, wisely, and together.**"
- The rule of three feels complete and is easy for audiences to remember Try it in your next presentation—it's simple, effective, and powerful.

JUL 17 PUBLIC SPEAKING HISTORY

Did you know?

- **April 27, 1961** – President John F. Kennedy delivered his famous "Secret Societies" speech.
- **May 4, 1871** – Victoria Woodhull became the first woman to address the U.S. Congress, advocating for women's rights. These moments remind us how public speaking has shaped history—and why strong voices matter.

RIDDLE Answer: A rainbow! 